

# How to Engage in the 2023–2024 Dance Season

with Andrea Trench

## CONNECT

### Body Language

- Make Eye Contact
- Get On Their Level
- Lean in to Listen
- Smile
- Use Expressive Gestures
- Have an Open Body Posture
- Say Their Name
- Show a General Interest in Each Student

### Multi-Sensory Learning

- See, Say, Do, Play When...
- Teaching a Skill
- Teaching Choreography
- Giving Feedback

### SEE

Visuals/Props

- White Board/Mirror Writing
- Printables/Flash Cards
- Skeleton
- Anatomy Posters

### SAY

- Emphasize Vocabulary
- Ask Questions
- Include Review
- Vocalize Hard Things
- Add Auditory Cues
- Match Your Voice to the Movement

### DO

Keep them Moving!

- Move While Waiting
- ATF in Multiples
- Change Studio Facings
- Studio Swap
- Teacher Swap
- Combine Classes

### PLAY

Props/People

- Reinforcement Props
- Teaching Tools
- Partner Work
- Prop of the Month

## COLLABORATE

### Guided Explorations

- Warm-Up
- Across the Floor
- Environments
- Magic Forest
- In and Out
- Resting

### Group Composition

- Chance Dance
- Dance Map
- Theme and Variation
- Recital Dance

### Students as Leaders

- Recital Dance Leaders
- Create Class