

DANCE MAKING

101

with Andrea Trench



DanceLife Teacher Conference

WHY DANCE COMPOSITION?

Enhances Creativity

Builds Artistry

Fosters Community + Collaboration

Part of a Solid Dance Education



DanceLife Teacher Conference

IMPORTANT **CONSIDERATIONS**

Comp Starts with Improv

Teamwork Makes the Dreamwork

Offer Moments of Reflection

Teach Audience Etiquette



DanceLife Teacher Conference

Be Respectful

Remain Still

Always Watch

Voices Off

Offer Praise



IMPORTANT **CONSIDERATIONS**

Comp Starts with Improv

Teamwork Makes the Dreamwork

Offer Moments of Reflection

Teach Audience Etiquette

Include Choreo Collaboration



DanceLife Teacher Conference

Dance Improv

- Action Words
- Different Worlds
- Just in Time

Dance Comp

- Costume Shapes
- Chance Dance
- Body Beats
- Interpret This
- Theme & Variation



Chance Dance

Poker Chips

Melt Jump Spin Stretch



DanceLife Teacher Conference

Chance Dance

Numbers

1- Jump

2- Explode

3- Melt

4- Stretch

5- Fall

6- Spin

7- Flick

8- Run

9- Creep

10- Dodge



Dance Improv

- Action Words
- Different Worlds
- Just in Time

Dance Comp

- Costume Shapes
- Chance Dance
- Body Beats
- Interpret This
- Theme & Variation



Interpret This

Begin on Low Level

Reach 1-4, Collapse 5, Reach 6, Collapse 7, Hold 8

Rise to High Level 1-8

Run 1-2, Stretch 3-4, Run 5-6, Stretch 7-8

Turn 1-4, Melt 5-8



THANK YOU

Connect with Me at DiscoverDance.com



DanceLife Teacher Conference